NEW LONDON COUNTY 4-H FOOD & NUTRITION SHOW
“A Taste in Time”
Recipe Card Check List

As part of your meal presentation, you must include recipe cards for the dishes you are serving. This recipe check list will help to insure that you have included all necessary information on your recipe cards.

I. Does your recipe have all of the following?
   a. Name of recipe. Yes ___ No ___
   b. Complete list of ingredients. Yes ___ No ___
      1. Ingredients listed in order in which they are used in the recipe. Yes ___ No ___
      2. Ingredients listed as they are measured. Yes ___ No ___
      3. Measurements given in common fractions. Yes ___ No ___
      4. Complete description of ingredients included. (Avoid brand names) Yes ___ No ___

II. Have you given clear and complete directions?
   a. Clearly listed instructions for every step of combining and cooking ingredients. Yes ___ No ___
   b. Used short, clear sentences. Yes ___ No ___
   c. Stated the size of the pan(s). Yes ___ No ___
   d. Listed cooking temperature and time required. Yes ___ No ___
   e. Included the number of servings and how much the recipe would make. Yes ___ No ___

III. Does your recipe card list where you found the recipe?
   a. Clearly cited the source of the recipe. Yes ___ No ___