Personal Puzzle

UConn 4-H New London County

Background

Each of us has parts of our identity that make us unique. You may play the trombone, have beautiful curly hair, or enjoy playing tennis. You may come from a large family with strong cultural roots. You may love animals or enjoy cooking or baking. Aspects of your personality, interests, character, experiences, traditions, and relationships work together to make YOU! Exploring our identities can help us to better understand ourselves and our attitudes, beliefs, and values. Celebrate what makes you unique by designing your own personal puzzle.

Supplies and Tools

- Blank puzzle
- Markers
- Bag for storing your puzzle pieces
Activity Steps

Take some time to reflect on what makes you special. Draw a picture on the puzzle that reflects who you are. Ask your friends or family to help you to assemble your puzzle.

If you enjoyed this project, visit 4-h.extension.uconn.edu to learn more about UConn 4-H. Check out the UConn 4-H New London County webpage to view the video associated with this activity.

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