A Light for Others

UConn 4-H New London County

Background
We all have the ability to make a positive difference in the world. We can use our unique strengths and skills to encourage others. A kind word and a smile can cheer up someone’s day. You can help a classmate who is having a hard time understanding a lesson at school. You can donate old clothes that don’t fit you anymore. The possibilities are endless! Write down a list of ways you can help the people around you. Complete this craft to remind you to be kind to all.

Supplies and Tools

- Clear cup or jar
- Battery powered tealight
- 2 sheets of tissue paper (2 colors)
- Mod podge/other liquid glue
- Paintbrush
- "A Light for Others" 4-H activity sheet
- Pencil
## Activity Steps

<table>
<thead>
<tr>
<th>Notes</th>
<th>Visuals</th>
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<tbody>
<tr>
<td>1. Tear or cut pieces of tissue paper.</td>
<td><img src="image1.png" alt="Visuals" /></td>
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<tr>
<td>2. Apply a thin layer of glue to the cup or jar.</td>
<td><img src="image2.png" alt="Visuals" /></td>
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<tr>
<td>3. Stick the pieces of tissue paper to the jar.</td>
<td><img src="image3.png" alt="Visuals" /></td>
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4. Apply a layer of glue on top of the tissue paper to seal it.

While your craft is drying, complete the activity sheet.

5. Once the glue has dried, turn on your battery powered teelight and place it in the cup/jar.

Note: Be sure to turn the light off once you have spent some time reflecting so you don’t run the battery out of power.

If you enjoyed this project, visit 4-h.extension.uconn.edu to learn more about UConn 4-H. Check out the UConn 4-H New London County webpage to view the video associated with this activity.

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