** 4-H Food Show 2023 **

**Poster Themes**

**“Eggless Cooking”**

The price of eggs has soared resulting in increased cost to food preparation. Create an informative poster showing ways to substitute eggs in recipes.

**“Food Production”**

How did it get there? Create an informative poster showing the journey of any one food item from grower to grocery store.

![easel_0[1]]()Poster points: A poster is two or three dimensional and teaches or informs in a written or pictorial manner. It should be on a standard poster board (22” x 28”) or equivalent heavy cardboard. Refer to scoring sheet to become familiar with judging criteria. Informational text can be printed or typed but must be in the exhibitor’s own words.



**PLEASE NOTE: All sources of information used must be cited.**


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